



JANUARY

2012



If you have a food allergy, please inform the cafeteria staff so we can accommodate you accordingly

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
2	WINTER RECESS SCHOOL CLOSED	3	Baked Ziti Garlic Bread Steamed Green Beans Applesauce/Juice Milk LUCKY TRAY DAY	4	<u>½ & ½ Day</u> Chicken Nuggets Cheese Pizza Steamed Broccoli Fresh Apple/Juice Milk	5	<u>Breakfast for Lunch</u> French Toast Sticks W/ Syrup Baked Potato Wedges Ham Cubes Orange Smiles/Juice Milk	6	Whole Wheat Crusted Cheese, Pepperoni Or Vegetable Pizza Garden Salad Fruit Cup/Juice Milk	<p>Hot Lunch \$2.30 Reduced \$.25 Adult \$3.40/tax</p> <p>Daily Alternatives Monday Ham & Cheese Tuesday Turkey & Cheese Wednesday Bologna Thursday Egg Salad Friday Tuna Salad Daily: PB&J</p> <p>Ice-Cream \$1.00 Baked Chips .85 Fruit Snack \$1.00</p> <p>All Lunches Include Grain, Vegetable, Fruit/Juice & Milk Milk Choice: ½ % chocolate, 1% white, or skim</p>
9	Chicken Patty on a Whole Wheat Bun Steamed Green Beans Fresh Apple/Juice Milk	10	Twisted Spaghetti w/ Meatballs Garlic Bread Fruit Cup /Juice Milk	11	Chicken Fajita over Brown Rice Southwestern Corn Fruit Cup/Juice Milk LUCKY TRAY DAY	12	<u>Breakfast for Lunch</u> Golden Pancakes W/ Syrup Ham Steak Baked Hash Brown Potatoes Fruit Cup/Juice	13	Cheese or Pepperoni French Bread Pizza Romaine Salad Fruit Cup/Juice Milk	
16	MARTIN LUTHER KING JR. DAY SCHOOL CLOSED	17	Macaroni & Cheese Steamed Broccoli Fruit Cup/Juice Milk LUCKY TRAY DAY	18	Nachos W/ Baked Frito Lay Scoops served w/ Cheese and Salsa Steamed Corn Fruit Cup/Juice Milk	19	<u>Breakfast for Lunch</u> Waffles w/ Syrup Sliced Ham Baked Potato Starz Fruit Cup/Juice Milk	20	Whole Wheat Crusted Cheese, Pepperoni or Vegetable Pizza Garden Salad Fruit Cup/Juice Milk	
23	Golden Chicken Nuggets W/ Dipping Sauce Brown Rice Sweet Corn Fresh Apple/Juice Milk	24	Pasta w/ Meat sauce Green Beans Garlic Bread Sliced Pineapple/Juice Milk	25	<u>½ & ½ Day</u> Chicken Nuggets Cheese Pizza Steamed Veggies Fruit Cup/Juice Milk LUCKY TRAY DAY	26	<u>Breakfast for Lunch</u> French Toast Sticks W/ Syrup Ham Cubes Baked Potato Wedges Orange Wedges /Juice Milk	27	Whole Wheat Crusted Cheese, Pepperoni or Vegetable Pizza Romaine Salad Fruit Cup//Juice Milk	
30	Cup of Chicken Soup Grilled Cheese on Whole Wheat Bread Oven Baked Fries Fruit/ Juice Milk	31	Chicken Patty Parm On a Whole Wheat Club Roll Steamed Green Beans Fresh Pear/ Juice Milk	<p>Hot Alternative Entrée: Hamburger or Cheeseburger</p> <p>Cold Lunch Alternative: Bagel Cold Plate</p>		<p>Sliced Carrot Sticks and Celery Sticks with Dip Available Daily w/Lunch</p> <p>Fresh Fruit & Whole Wheat Bread Available</p>				